Q GLASTONBURY DAILY

DAY 3

Sunday 29 June 2008

FREE

INSIDE

NEIL DIAMOND
★
ELBOW
★
THE ZUTONS
★
SUNDAY SUPPLEMENT

Hello sunshine!
Goodbye puddles!
Festival "amazing"!

AS THE MUD DRIED on Saturday, Glastonbury 2008 was unanimously declared to be an unqualified success.

What mud remained seemed little more than a fly to be casually swatted from our path to pleasure, as festival-goers came well-prepared and greeted the rain with the stoic, upbeat attitude of Sir Francis Drake towards the advancing Spanish Armada. In contrast to previous years when ne'er-do-wells in trainers floundered in the filth like dogs in honey, nine out of 10 people seemed to be wearing wellies or hiking boots. The 'Instant welly' approach of bin-bags tied round the ankles was rarely witnessed.

Our refusal to be cowed by the elements was rewarded by a fine Friday evening and a healthily sunny Saturday; at the time of going to press, the forecast suggested Sunday would be brighter still.

"People seemed to come prepared for the weather this year, so no one seemed too bothered by the rain," said Emily Eavis last night. "It has been a more laidback year, maybe because people have come prepared for the weather, and they're ready to enjoy it whatever happens. The Park Stage has been popular again; it seems like people are really taking to it and spending more time up there. And lots of people have said how much they like the flags field, and have appreciated the extra space on that side of the site. I think it's already been a classic year for the festival."

Punters seemed to agree. "There's a much more chilled-out vibe this year," said Glastonbury veteran Guy Welch, 39, who has attended the festival for 20 years. "People barely noticed the rain – they got on with it and had a brilliant time."

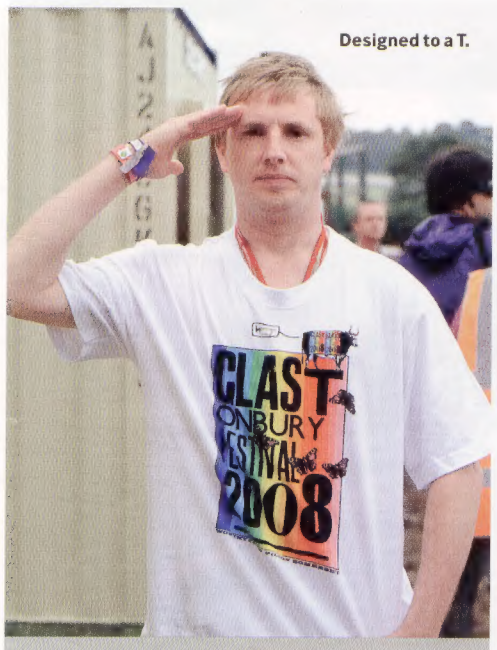
"I can't believe how big the place is. I must have walked a marathon today alone," said Glastonbury first-timer Katie Gill, 25. "Nothing prepares you for just how much is going on. You could stay here for a year and not see everything. It's just amazing."

THE REALLY WILD SHOW!

IRRATIONAL
ENQUIRER

Rubbing shoulders with rumour, gossip and the downright odd...

Q's on-site hostelry **The Queen's Head** has become Glastonbury's **Stella Street**. When **Kate Moss** asked to DJ at the nearby Slipper Club despite being armed only with her iPod, they were happy to oblige; however, she then became preoccupied by the **SingStar** silliness next door, and was seen rolling around on the floor backstage play-fighting with boyfriend **Jamie Hince** from **The Kills**, watched by other scenesters *du jour* such as **Rhys Ifans**, **Kelly Osbourne**, **Daisy Lowe**, **Henry Holland** and **Jim Davidson**. Osbourne claimed to have got on site at 3am on Friday morning, but been rudely awoken "with a splitting headache, but then I realised it was **Kate Nash**." Elsewhere, BBC mouthpiece **Andrew Marr** and arts cheese **Alan Yentob** were spotted enjoying **Kings Of Leon**, while backstage, international jet trash such as **Neil Morrissey**, **Trevor 'Shoestring' Eve** and **Lily Allen** (pink-haired, dressed as a crocodile, obviously) were also wassailing like Vikings. And everyone's favourite nawty boy **Danny Dyer** was ducking and diving backstage, presenting for Oxfam; perhaps he was talking about a 'pwoper beef' with other charity 'firms' like Greenpeace and War On Want... The star stakes will surely be raised today, however, with the prospect of **John Mayer**'s squeeze **Jennifer Aniston** making an appearance. Short of **Lindsay Lohan** hang-gliding naked into The Glade, it doesn't get any more A-list than that.



Designed to a T.

Getting shirty

Glastonbury T-shirt designer goes "psychedelic".

Sheffield-based designer Clare Savage had always struggled to get the funds together to make it to any festivals, so she decided to win her way in by entering the official Glastonbury T-shirt competition.

"I've always had to watch it on TV!" says Clare. "It's exciting to be here, especially as I can see people wearing my shirt."

The psychedelic logo is deliberately retro. "It's inspired by the history and the heritage of the event and the place," she says. "I wanted to hark back to its beginnings. It has turned out really well."

Choppercam, Saturday, 11.17 am.

YOUR ULTIMATE FESTIVAL SOUVENIR!
Q GLASTONBURY REVIEW 2008

(Re) Living For The Glastonbury Weekend

Recall the last, lost few spectral days... in magazine format!

Somewhere among the clouds yesterday, the *Q* helicopter buzzed the festival borders searching for the ultimate image of Glastonbury's sprawling metropolis. The photo (above) will be expanded to wall-gobbling proportions and printed on lovely shiny paper in the *Q Glastonbury Review* – it'll look good alongside your Take Me To Your Dealer picture (if you're a student), or framed in your loo (if you're a grown-up).

Available on site from tomorrow morning – and in newsagents from Wednesday – the *Review* bulges at the staples with all the news, gossip and pictures from the weekend. There's also interviews with all the stars of the festival, reviews of all the major bands and a guest editing slot from Shakin' Stevens. What more could you ask from a memento of the world's biggest music festival? And it's a snip at three quid.

THE ULTIMATE GLASTONBURY

Competition winner helicoptered, chauffeured and serenaded.

So, what mode of transport did you use to get to Glastonbury? Was it chauffeur-driven to Bristol Airport then helicoptered on to the site? Thought not, but that's exactly what happened to 22-year-old Corinna Colmer from Bournemouth and her three mates when she won *Q*'s Ultimate Glastonbury Experience competition. Not even Jay-Z enjoys luxury like this. The prize of a lifetime also included backstage hospitality passes, their own myhab garden, and – check this – a private backstage gig for Corinna, Jenny, Andy and Peter by Young Knives, fresh from their performance on the Other Stage.

"This one's for Corinna."

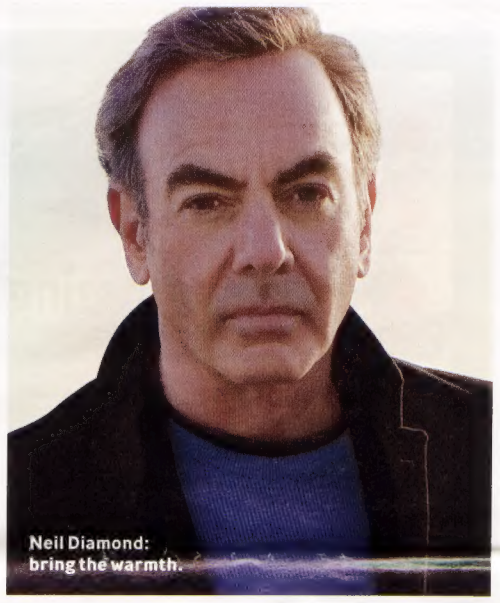
"I can't believe this is happening," laughed Corinna. "It's just been completely mental. I've been coming to the festival since I was two, so this is a whole new experience. Flying onto the site by helicopter was a very surreal moment, and seeing the whole of Glastonbury from the sky was amazing. Then when we got on site we were driven backstage – we didn't have to do any walking, which was a real luxury. And then at the end of the festival we get helicoptered out again! We've also got our own backstage garden with its very own picket fence – how cool is that? And our own private gig with Young Knives which just adds to the craziness."

There is one drawback for the instant VIPs... festival life will never be the same again. "It's true, all festivals have now been completely ruined," admitted Corinna. "How am I expected to come back as a normal punter after this?"

THE WEATHER WITH YOU

[Day]	[Night]
Cheeky sun peeks out intermittently before returning to its Sunday lie-in. Should be more sociable later.	**Crispy,** visibility predicted to be 'excellent', no rain forecast, wind dying down, dark, as it generally is at night.

In summary:
Dry, hopeful, really not too bad considering.
Max: 18°C **Min:** 12°C..


Neil Diamond: bring the warmth.

CAPTAIN SUNSHINE

The Jazz Singer promises to bring Californian weather to Glastonbury.

Sunday afternoon on the Pyramid Stage at Glastonbury has traditionally been the haunt of rock legends – Johnny Cash, Tony Bennett, Shirley Bassey and Brian Wilson have all graced the stage. This year it's the turn of much-loved New York singer-songwriter Neil Diamond, writer of hits such as I'm A Believer, America and Sweet Caroline.

"I'm very excited," he told *Q Glastonbury Daily*. "It's going to be a lot of fun. I've heard a lot about the festival, everybody knows about it. It's a great place to play because everybody wants to have a great time, so my job is easy: I just have to go up there and make sure everybody has a good time. We'll be throwing in some surprises as well as the hits and some stuff from my new record, Home After Dark."

But isn't the legend worried about the weather? "Oh no, it's going to be beautiful. I guarantee that I will bring the California sunshine to Glastonbury."

FACT!
DIAMOND FACTS

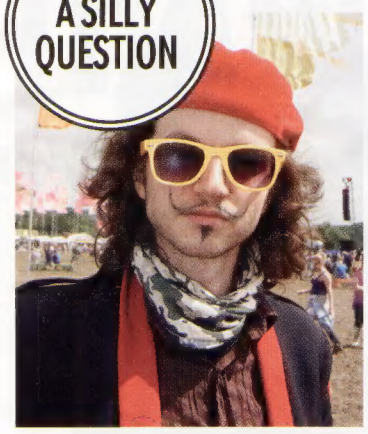
THE DIAMONDBACK SNAKE accounts for more fatal snakebites than any other North American reptile.

THE WORLD'S BIGGEST diamond – twice as big as the famous Cullinan diamond – was unearthed last year in the North West Province of South Africa. Bidding is expected to start at a whopping €15 million.

FORMER BREAKFAST TELLY presenter Anne Diamond now flogs her own range of jewellery on QVC – including, of course, Anne Diamond diamonds.

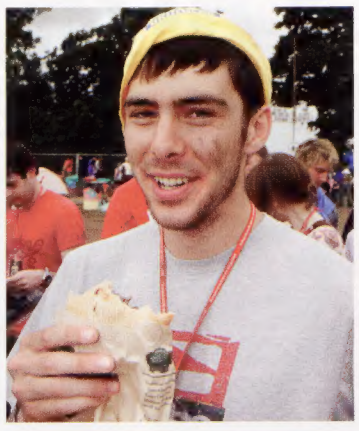
ASK A SILLY QUESTION

Time: Hangover o'clock **Location:** We're not really sure
Today's burning issue: You're making a crisp sandwich, but with which crunchy snack?



Alfie Boyd, 24, London.
"I'd have Walkers Worcester Sauce. The key to a good crisp sandwich is a healthy creative response. My creativity is restricted by my relationship with the potato."

EH Zwierzchowska, 16, London.
"Right now I'd like something light with salad in and plain Walkers crisps. Tomatoes are brilliant with crisps, the combination makes them slightly soggy, but that's alright."



Ben Thyer, 20, Somerset.
"I'd have McCoy's Steak & Ale crisps. They're a strong flavour and reasonably priced, which is always a winner. You need the crisps really crispy for the ultimate sandwich."

Meg Grainger, 32, Sydney.
"If I was at home I'd have a Cheese Twisties sandwich. They're not as crunchy as French Fries but harder than Wotsits. I use white or multi-grain bread; brown bread is too dry."

Kate Allen & Mel Taylor, 19, Devon.
"Cheese and ketchup with cheese and onion crisps on top is the best. We're students, we discovered this combination as that was all that was left in our fridge. It's amazing."

Danny Lawson, 24, Newcastle.
"I've got a thing for beery crisps, get your crisps and dunk them in lager. I recommend the beery crisp combo over the sandwich, especially cheese and onion in John Smith's."

Shona Stuart, 47, Wedmore.
"Walkers Sensations Sea Salt & Cracked Black Pepper with white bread and a little bit of butter. I haven't had a crisp sandwich for 30 years. Are they back in fashion?"

Adam Smith, 17, Great Yarmouth
"Sour cream and chive is the best kind. Walkers used to do them, but I have to buy Waitrose own brand now. This is making me hungry, I haven't had any breakfast yet!"

[HOT OR NOT]

THE FESTIVAL'S UPS AND DOWNS

Trash City: DJs on oildrums, belching flames, gyrating cyberpunks. It's like the inside of Keith Prodigy's head.

Vampire burlesque in Shangri-La. Wobbling beer guts! Cross-dressing! Blood sucking! Unmissable stuff.

25p stuffed vine leaves, as made by a pirate in the Green Futures Fields. Barrrrgain!

Suave hats. Goodbye Timothy Claypole, hellllloooo David Niven!

Jack Sparrow Chic: the buccaneer look turns the site into Portsmouth circa 1634. Or Aldershot now.

Blue sky. We know you're in there somewhere. Come on, don't be shy.

Marked up goods. £1.50 for a bag of crisps? £7 for 20 fags? You must think we're spangled. Oh, hang on...

Armies of security gibbons blocking entry to Shangri-La and making us all trek the long way.

The Proclaimers: Charlie's on the left. Or maybe the right.

EXCLUSIVE

PROCLAIMERS ARE SCOTTISH

Fraternal folk-rockers deny "mock jock" slurs.

Proclaimers singer Charlie Reid has slammed whispers sweeping the site that he and twin brother Craig aren't Scottish. The rumour suggests the duo have been faking their Edinburgh brogues in order to cash in on the valuable "Tartan Pound".

"This rumour has circulated before," he told *Q Glastonbury Daily*. "A newspaper did an April Fools' Day joke about us. They said we were Australian musicians who had fallen on hard times and decided we'd have more luck as Scotsmen. But it's a lie. I don't often wear a kilt, but I like haggis, and enjoy going for long walks and drinking whisky."

THE OUTSIDE WORLD

RIVALS KISS AND MAKE UP

Hillary Clinton has backed Barack Obama for the first time since he beat her in the race to be the Democratic presidential candidate. Speaking at a rally in New Hampshire, Clinton urged the crowd to vote Obama on 4 November.

MORE LOSERS LEAVE A HOUSE

Dennis McHugh became the second person to removed from the Big Brother house after spitting in the face of fellow housemate Mohamed. A Channel 4 spokeman said "Big Brother has very clear rules about offensive behaviour." Sylvia is also out, having been evicted on Friday night.

VILLA MISSES THE BIG ONE

Injured Spanish hotshot David Villa is set to miss tonight's Euro 2008 final against Germany. The tournament's top goalscorer set the opening stages alight with a hat-trick against Russia but injured a thigh muscle in Thursday's semi-final. The match kicks off at 7.45pm.

DRIVEN TO DISTRACTION

Pete Doherty is said to be opening a second-hand car dealership in Dalston called Can't Drive Me Now. The Babyshambles frontman underwent a recent lifestyle inventory and discovered he owns 72 old Jaguars in various states of disrepair scattered around the East End of London, and has employed a friend to sell them on.

These wellies could end up in Senegal.

Boots: Made For Walking

ECT Recycling to ship unwanted wellies to Africa

Wellies have once again proved essential to the Glastonbury experience, but what happens to the thousands of gumboots abandoned when everyone returns to sane civilisation?

This year, a new partnership between the festival and social enterprise ECT Recycling is ensuring that nothing left behind will go to waste: all uncollected camping equipment, clothing and wellies will be re-used – primarily by the Frip Ethique project in Senegal.

Frip employs 40 people to sort through the leftovers: more than eight tonnes of abandoned wellies were sent to the Senegalese last year. "This arrangement gets things recycled properly," says Michael Eavis. "They won't get shipped out and made into something else. They'll be used by people in Africa again and again, which is great."

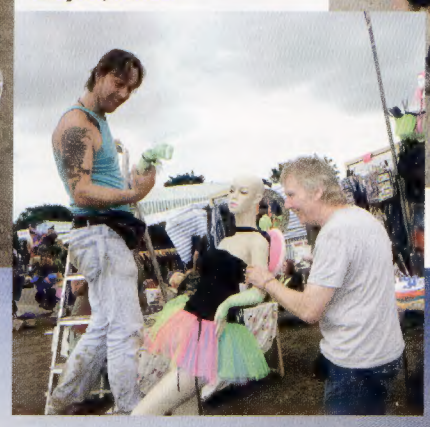
Meanwhile, punters are reminded to abandon as little as possible and leave the site as you find it, as part of the "Love The Farm – Leave No Trace" campaign.

Q [PIX]

Even the tramps are glamorous at Glastonbury.

Booze: habit forming.

"Going anywhere nice on your hols this year, Sinéad?"



Pegs: More eco-friendly than air freshener.

Isn't it lovely?

Silly cows.

A long time ago, in a long-drop far, far away.

Is it a bird?

Is it a plane?

No...

...it's a gathering of wallies.

GAYMERS music.com

GLASTONBURY'S OFFICIAL...

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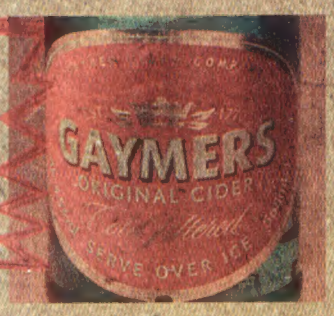

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Q [PIX]

But is Pete Doherty stoned?

Mick Hucknall gets the horn.

School uniform at Glastonbury High.

"Sunshine? My work here is done."

The war against rock star "Manorexia" goes on.

Young Knives: day jobs revealed.

The readers: terrifying.

Shakin' Stevens gets all the birds.

With this booze, I thee wed: matrimony, Pilton-style.

In the real world, these people would be feared.

Q [Q & A]

Elbow

Weary-boned melancholic Guy Garvey: has a "double extra large head".

Guy Garvey (centre): Officially big of bonce.

STAGE TIME
THE QUEEN'S HEAD
9.45pm

Hi, Guy. It's fantasy festival "Garveystock": who's headlining?
I'll have Hendrix doing the first night. Queen would play Saturday, and on Sunday Peter Gabriel's Genesis – much better than the current line-up. We'll lose the shoulder pads.

You camp at "Garveystock" with three people: one alive, one dead, and one fictional. Who?
Patrick Moore – we could talk about the stars, although he might snore. Katherine Hepburn, she'd be good company. And Rupert Bear, just to freak everyone out. He'd just be sat there, unmistakably a cartoon bear.

Would the world be better without bongos?
No way, man. What would hippies do when they were off their tits?

They could stop disturbing everyone else with their congas and didgeridoos.
They'd get anxious, though. The didgeridoo can get to fuck, mind. You have to be a full-blown Aborigine to get away with them.

You're an insomniac. Do festivals drive you mad?
You've got to accept you won't sleep much. You need the humble earplug, they're fabulous. I'd go for the eye-mask, too, but I've got a double extra-large head – I was told by an Australian tailor. So you can't get them in my size.

How's your carbon footprint?
Not great. I recycle and I don't have a car, but I have a bath every day. I'm weary-boned, so when it comes to bathing, sod the planet. I also fly a lot. When they invent something green that can get you around, I'm on it.

Why can't they just invent teleportation?
Yeah. Pull your finger out, boffins! I'd be a guinea pig. They've already done it, you know. They teleported two protons across the Danube, which I thought was a nice touch.

What's your top festival luxury?
I've got this thing from Maplin, which runs on one AA battery. It's a torch – but it also charges your mobile phone. And it was only a fiver.

Teleportation, magic torches – you sound like Judith Hann off Tomorrow's World...
She was great. Why did they pull Tomorrow's World off the telly? If they bring it back, I'll volunteer to be a presenter. Me and Patrick Moore. The inventions didn't always make it, did they? I remember them going on about CDs being indestructible, bashing them with a hammer. My arse.

> "I recycle and I don't have a car, but I have a bath every day. When it comes to bathing, sod the planet."

Do you believe in the paranormal?
I think there are energies that we've not yet identified. A life must leave some residue. I've had some weird feelings – in Abbey Road Studio Two you can sense the history.

What's the most berserk thing you've ever seen at Glastonbury?
A mechanical horse that breathes fire. I was in a strange state of mind, it scared the shit out of me. But the most amazing thing I've seen was Femi Kuti. What a show, it blew my mind.

Ever been to the Green Fields to be healed?
Yeah. I can't remember the methods they used, I just remember being touched and it was nice. Some girl was doing reflexology on my feet once and she said "You've got a bad back". Not difficult to guess that, looking at the size of me! But it's nice to have your feet rubbed, isn't it?

Which would you rather have: Pete Doherty's complexion, or Newton Faulkner's hair?
That's like asking "Have you stopped beating your wife?" – there's no right answer, is there? I think they're both incredibly handsome.

Looking forward to Neil Diamond?
Oh yeah. You can't beat Red Red Wine. You know, when UB40 covered that song, they put their own rap in it. And now, when he plays it live, Diamond does the rap. I pray he plays that. There won't be a dry eye in the house.

What's the illest you've ever been at a festival? And not in a Jay-Z type way.
I stayed in my tent with my head under a pillow. When I came out, it was like being reborn. It's the best party on earth. Stress and unfairness can turn the world into a shitty do. But put them all in a field, all smelling a bit – it makes everyone the same.

The great leveller of stinking.
Absolutely man, can't beat it.

FACT! Rupert Bear

Rupert lives in the idyllic English village of Nutwood with his mother, Mummy Bear. Her son's extraordinary antics have included trips to the bottom of the sea and expeditions to India.

Rupert's best friends are Bill Badger, Algy Pug and Edward Trunk, an elephant. He also mixes with a moody wood-troll called Raggety. Creator Mary Tourtel may have spent some time in the Stone Circle.

Rupert's trademark yellow plaid trousers are often known as "Ruperts" when worn by real human beings, in tribute to the fictional ursine. Ruperts were particularly popular among 1970s suedeheads.

The Zutons

Psychedelic pop scally Dave McCabe: loves Kettle Chips.

STAGE TIME
OTHER STAGE
9pm

What's the first thing you'll do when you get to the festival, Dave?
I'll stretch my arms and legs, then I'll check the bus isn't underwater. Last year it almost sank on the way in after the storms. Our tour manager had to get underneath it to check our gear wasn't flooded. If we're on solid ground this time, it's a bonus.

You can camp with three people: one alive, one dead, and one fictional. Who are they?
Nico from the Velvet Underground, Cheryl Tweedy, and that bird out of Blood Simple, Frances McDormand – her character from that Coen Brothers film.

Would it be a silly question to ask what would be going on in this fantasy tent?
It would.

Fair enough. Moving swiftly on, imagine you're the curator of fantasy festival "Davebury". Who's on your dream line-up?
Neil Young and The Beatles on the Main Stage. Talking Heads and Nirvana on the Other Stage and on the Sunday we'll have Kraftwerk and Frank Zappa. That would be mental.

It's *Q*'s round, what are you drinking?
Cider, although not the pear stuff. A few pints would be nice. The only thing I avoid at festivals is smoking pot. It makes you paranoid and you feel like a dickhead trying to think of stuff to say in front of thousands of people. That's my advice to young bands playing for the first time. Stick to the ale. Ale is great.

Dave McCabe (second left): Recommends ale.

Glastonbury's a spooky place. Do you believe in the paranormal?
I do, deffo. I think there are spirits living in our universe – there's got to be something going on. I've never seen a ghost, but I've felt presences in houses when I've been on my own. I don't know if that's just paranoia.

Don't be afraid of ghosts, Dave. They're not all as bad as people often make out.
I like to think ghosts are friendly. Is there an old witch or something haunting Glastonbury?

King Arthur, Merlin the Wizard, Jesus – they've all been this way, apparently...
Bloody hell. Is Merlin the Wizard playing the Main Stage?

Yeah. Jesus could play tambourine for The Beatles at "Davebury".
Him and Lennon could have their own slot. John and Jesus.

Due to an unusual medical condition, doctors tell you that you can only live off one kind of snack for the entire weekend. What is it?
Crisps. Cheese and onion crisps. What kind? The classic Walkers... or maybe Kettle Chips.

Kettle Chips, Dave?
Yeah, why not? If I'm only allowed one snack, I might as well go posh.

> "My hair is my hat. The only hats I wear are woolly ones, and they're not for summer. You get a sweaty head."

What's your one indispensible festival luxury?
A big bucket full of steaming water that I can plunge my face in before I start singing. Keep my snout and my throat clean.

Would you ever consider letting loads of strangers into your back garden to drink heavily, play music loudly and pee everywhere, as Michael Eavis does?
If my back garden was that big I would, yeah. My current garden in Liverpool isn't really large enough.

Is it well-groomed?
I'm not much of a one for gardening, I certainly wouldn't say I had green fingers.

What's your favourite Neil Diamond song?
Girl, You'll Be A Woman Soon is a classic. And I'd like to see him play Save Me A Saturday Night from 12 Songs, that's great.

Complete this sentence: The jester's hat is...
...in. I'm down with the jester's hat. I'm tight with that.

Are you a jester's hat wearer yourself?
Nah, I'm not really a hat person. I don't suit them. My hair is my hat. The only hats I do wear are woolly ones, and they're not for summer. You'd get a sweaty head.

What's your top tip to survive the emotional apocalypse of Monday morning?
Get back on the ale.

Surely not a responsible tip for our festival-goers, Dave. They have to go back to work.
It works, though. Get back on the ale. I'd recommend four or five pints. It's the best cure. The *only* cure.

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where?

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For Emma, Forever ago

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Q [DAILY]

SUNDAY SUPPLEMENT

QUID AGIS — SUNDAY 29 JUNE 2008 — VENI, VIDI, VICI

EDITOR'S LETTER

It's Sunday morning. Your head is pounding, your mouth is dry and your body has been put through a hedonistic blender and emerged a sorry minced blob of self-loathing. But just because you're slumped in a field, it doesn't mean you can't enjoy your traditional Sunday comforts.

We can't give you an EastEnders omnibus or a complimentary roast dinner, but the *Q Glastonbury Daily* can provide the usual mix of mild scandal, recipes, health 'tips", fashion-related filler, 'lifestyle' guff, in-depth investigative journalism* and the innermost thoughts of people called Michael in a format that won't leave an Amazon rainforest's worth of unread paper scattered across your sofa. Neck some Nurofen and enjoy...

**May be omitted for space reasons*

wisdom

FIVE THINGS I KNOW

MICHAEL EAVIS, 72

1. Get your hands dirty.
I milked my cows every day for 40 years. I can't say I loved it, but if you're going to do something properly, then you have to do it yourself.

2. Have faith in humanity.
I think I like people better than cows, though it's true I get to see the worst of humanity sometimes, especially on the third day of the festival. During the '80s, when we had all that trouble with travellers, I think I preferred my cows.

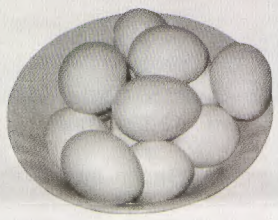
3. Never trust the weather forecast.
They always get it wrong!

4. Learn to defuse tension.
I was surrounded by 250 travellers at the gates demanding to be let in for free. They looked like Sesame Street characters and were swearing at me. All of a sudden a kid asked for my autograph. I signed with a flourish and the aggression left the crowd.

5. Remember your roots.
Farming gives me the most pleasure in my life. My farm has been going for 150 years. We're producing 11,000 litres of milk now. That makes me proud.

For the full interview, pick up the latest copy of Q from your local newsagent.

food



GLASTONBURY GRUB

Campsite recipes made easy!

Eggy bread breakfast
Ingredients:

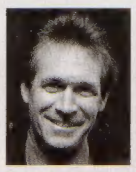
- 1 small panettone (Italian cake bread – widely available on site)
- 4 eggs (1 per person)
- 1 pint milk
- 80 grams sugar
- 200 ml double cream
- 50 grams butter
- 1 tin peaches

Crack the eggs into a bowl with the sugar and milk. Cut up the bread – make sure it's about an inch thick – and drown it in the milk-and-eggs mix. Heat up a frying pan and add some butter. When it starts to froth up a bit, add the bread and fry until it goes crispy. Chuck the fruit and cream over the toast for a great breakfast.

FASHION — *We are the goon squad And we're coming to town!*

QUEER EYE FOR THE FESTIVAL GUY...

MEDICAL ADVICE FROM DR HILARY JONES — *HEALTH*



Q: "Dr Hilary, I've eaten one too many Welsh Oggies and my insides are in turmoil! Please help..."
A: "The symptoms of food poisoning are nausea, vomiting and diarrhoea and they happen quickly. Get near a loo. Drink lots of fluids or rehydrating sachets (Dioralyte is very effective) and if it's really bad, go home because you won't be very popular."

GREEN LIVING

NEUTRALISE YOUR GLASTONBURY EMISSIONS!

Grown a guilty conscience about all the energy you've used getting to the festival? James Turner from Greenpeace reveals how you can offset it with a few simple lifestyle adjustments...

When you get back from the festival, turn your thermostat down at home, get your windows insulated, and try not to leave your TV or any other electrical devices on standby – that just consumes unnecessary energy.

"When you're travelling, try to use your car less. Walk short journeys that you normally drive, or ride a bike. If you can't avoid a journey, at least to try make it efficient. Car share where possible, and use the train or bus instead of driving if you can.

"If you're coming to the festival next year, try to think about who you could give a lift to, or if there's a lot of you, consider getting a minibus or coach.

"Buy local food – you're saving on transportation costs that way – and eat organic where possible.

"Most importantly, if you really care about going green – get active. Get political: Write to your MP about matters that concern you, and of course, join Greenpeace!"

REAL LIFE CONFESSION!

Kings Of Leon's Caleb Followill admits to finding his Glastonbury "dark place".

"We've tried everything once. Once me and Nathan were at the peak of our powers, really out of it, running down a hill in Glastonbury carrying flame torches thinking that people were mobbing us and the Devil was coming after us. They weren't. We were just being paranoid. But it was freaky."

[COMPETITION]

Save the planet! Win a Sony PlayStation Portable!

Fancy lending a hand to the global conservation cause and picking up a fancy piece of computer kit while you're at it? Well, when you've finished reading the *Q Glastonbury Daily*, write your name and address on the front cover in the top right hand corner and post in the recycling bins at the Information Points before 7pm every day. Not only will you be keeping the festival site in a tidy state, you'll also give yourself a chance of winning a Sony PSP! One newspaper will be picked at random each day and the PSP will be sent to the supplied address.

Yeo Valley organic

Remember what you did this summer?

The festival may be nearly over, but the memories don't have to end. Visit **www.yeoglastonbury2008.co.uk** to see pictures of this year's event – from the superb to the downright shameful. Enjoy!

...love the farm, leave no trace

SUPPORT YOUTH MUSIC & WIN A SIGNED COLDPLAY GUITAR

Visit our tent next to the Left Field

Giving teenage musicians the chance to play Glastonbury
Performance: 8pm Sunday 29 June - Left Field
www.buildaband.org

BUILD A BAND

YOUTH MUSIC

transforming young lives through music

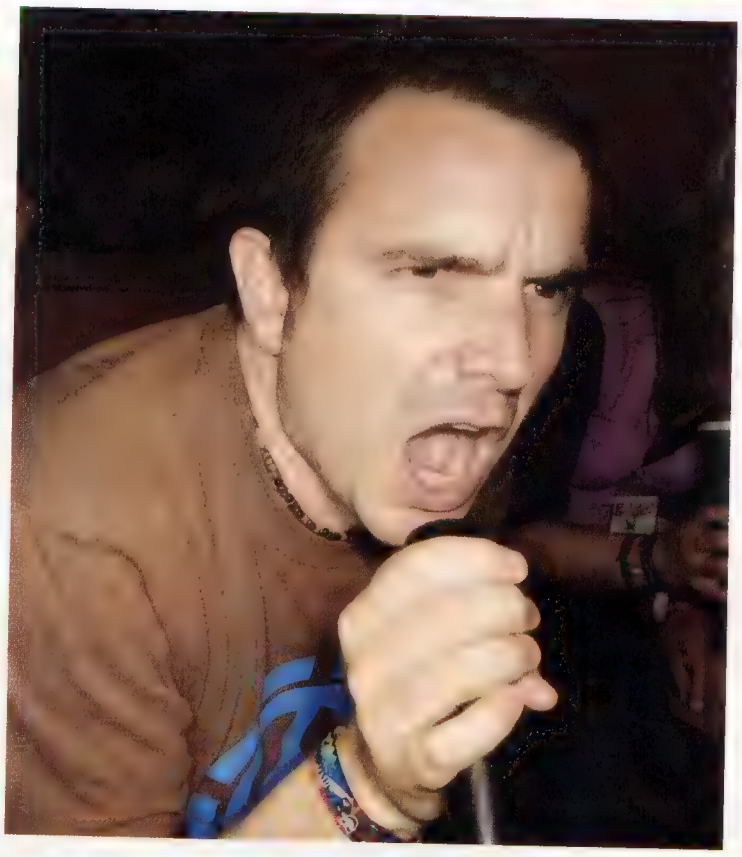
www.youthmusic.org.uk

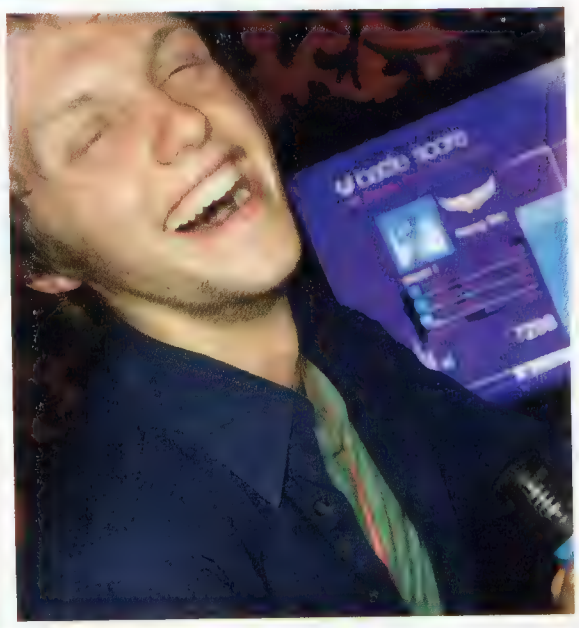
The Queen's Head

singstar

STEPPIN' UP TO THE MIC

Our best pics from last night's SingStar session at The Queen's Head





BE A SINGSTAR ON STAGE!

Here's your chance to be a SingStar on stage after The Pigeon Detectives, Kate Nash and Elbow!

Grab your friends and come to The Queen's Head tent and have a singalong in the SingStar booths. **The booths are open from 11am to 4pm and 7pm to 10pm every day.**

The best people from the booths will have the chance to sing on the main stage in front of 1,200 people! There are three SingStar slots every evening at 10.30pm, midnight and 1.30am, hosted by Barry Peters and family (aka Cuban Brothers).

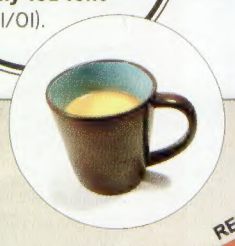
THE GLASTONBURY CRAWL

Q [MAP]

From tea and tattoos to candles and (Sweet) Caroline.

WORTHY FARM
Latitude/Longitude:
51.15859611925387, -2.5832462310791016

10am
Sunday morning. A **cuppa** is a must: get a caffeine injection at the highly civilised **Tiny Tea Tent** (M1/01).



11.30am
Go all Question Time and frantically debate politics in the **Left Field** like a pepped-up mini-Dimbleby.

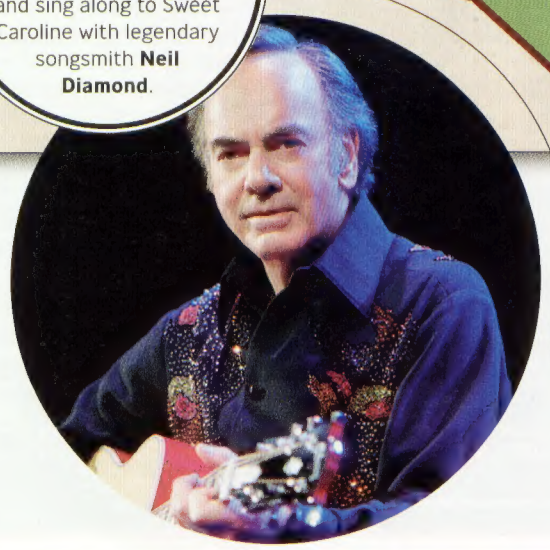
1pm
Check out the bubbling vats at **One Stop Thali** (Green Fields) where they serve up gargantuan portions of delicious veggie food.

2.10pm
Anton Newcombe's predictably unpredictable Californian psychedelic rockers **The Brian Jonestown Massacre** invade the **Pyramid Stage**.

3.30pm
Gastric difficulty starting to nip? Soothe your battered innards with some healthy fare at **Manic Organic** (M2/06).

3.50pm
Lavish your skin with an airbrushed design at **Tatoosh** (A Market). Fear not, they're only temporary.

5pm
Drop everything, don blue jeans (to be kept on forever), head to the **Pyramid Stage** and sing along to Sweet Caroline with legendary songsmith **Neil Diamond**.



6pm
Mark Ronson – and presumably a host of special guests already close to hand – bring upbeat cover versions to the **Other Stage**.

7.15pm
Holland's **Kraak And Smaak** play a live set on the **Dance West Stage**.

9pm
Stock up for closing-night parties: hit **Flare Trade Candles** (D Market). The witching hours will be a shadowy, bewildering nightmare no more.

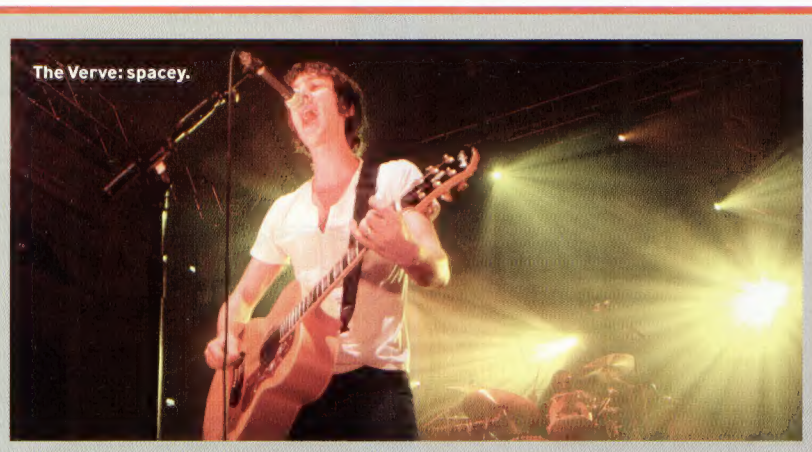
10.15pm
Space rock o'clock: **The Verve** reunion hits the **Pyramid Stage**.

Midnight
It's all over for another year. Sob uncontrollably, before realising that there's still at least 10 hours left until "morning". Now, where's that dance tent...?

SUNDAY 29 JUNE

ON THIS DAY IN 1888

The first known recording of music: a performance at Crystal Palace of Handel's Israel In Egypt is recorded onto wax cylinder. Thus begins the live concept album.


The Verve: spacey.

PYRAMID STAGE

Martina Topley-Bird	11.30
Gilbert O'Sullivan	12.50
The Brian Jonestown Massacre	14.10
John Mayer	15.30
Neil Diamond	17.05
Goldfrapp	18.25
Leonard Cohen	20.05
The Verve	22.15

OTHER STAGE

Black Cherry	11.00
The Hoodoo Gurus	12.00
Black Mountain	13.10
Newton Faulkner	14.20
Jack Peñate	15.20
Scouting For Girls	16.30
Mark Ronson	18.00
The Pigeon Detectives	19.30
The Zutons	21.00
Groove Armada	22.30

JAZZ WORLD STAGE

Sense Of Sound Choir	10.40
Portico Quartet	11.50
Almasaia	13.10
Balkan Beat Box	14.30
Billy Cobham & Asere	15.50
Dub Colossus in A Town Called Addis	17.20
Eddy Grant And The Frontline Orchestra	18.50
Solomon Burke	20.50
Manu Chao	22.45

JOHN PEEL STAGE

Rocketeer	11.00
Psycho Baby	12.00
The Whip	13.00
Yeasayer	14.00
Friendly Fires	15.00
The Rocket Summer	16.00
The Stars	17.00
Blood Red Shoes	18.15
Crystal Castles	19.30
Spiritualized	21.00
The National	22.30

DANCE EAST STAGE

Ramie (DJ set)	11.00
Suns Of Arqa	12.00
Pirates Anthem (DJ set)	13.00
Jape	14.00
Rex The Dog (DJ set)	14.40
Sonny J	15.45
South Central (DJ set)	16.30
Does It Offend You, Yeah?	17.30
The Black Ghosts (DJ set)	18.30
Sam Sparro	19.30
Annie Mac (DJ set)	20.15
Die And Clipz (DJ set)	21.15
UNKLE	22.30

DANCE WEST STAGE

Chris Coco (DJ set)	12.00
City Reverb	13.00
Dhr Robijn (DJ set)	13.35
Christopher D Ashley	14.35
Dhr Robijn (DJ set)	15.20
Midnight Juggernauts	15.35
Cakeboy And Doublethink (DJ set)	16.30
The Whip	17.15
Lee Coombs (DJ set)	18.15
Kraak And Smaak	19.15
Sander Kleinenberg (DJ set)	20.15
System 7	21.30
Derrick May (DJ set)	22.30

PARK STAGE

Redbridge Brass Band	11.00
Alan Tyler & The Lost Sons	11.40
Mumford & Sons	12.30
White Denim	13.30
The Cave Singers	14.30
Kathryn Williams & Neill MacColl	15.40
Mystery Jets	16.40
Laura Marling	17.50
Caribou	19.00
Vetiver	20.10
Tunng	21.20
My Morning Jacket	22.30

ACOUSTIC STAGE

Lazenby	12.15
Amsterdam	13.15
Acoustic Stage	
Blues Club with Gráinne Duffy	14.15
Athena	15.15
Tift Merritt	16.15
Tom Baxter	17.20
Stackridge	18.20
The London Community Gospel Choir	19.45
Suzanne Vega	21.10
Joan Baez	22.30

LEFT FIELD

Carnival Collective	12.00
Rodney Brannigan	13.00
Dan Donnelly And Friends	13.30
Left Field Rally with Tony Benn	14.00
Get Up Stand Up: Nick Doody	15.00
Marcus Brigstocke	15.25
Tony Benn	15.55
The Paddingtons	16.05
Matt Kirshen	16.40
Shazia Mirza	16.50
Simon Munnery	17.10
The Beat	17.30
DJ Phill Jupitus	18.30
Jail Guitar Doors: Build A Band	
Youth Music	19.30
The Bluetones	19.45
Dirty Pretty Things	20.45
Billy Bragg	21.30
British Sea Power	23.00
Neck	00.00
Night Of Treason	01.00

THE QUEEN'S HEAD

Natty	13.30
Ladyhawke	14.30
The Cocknbullkid	15.30
Dawn Kinnard	16.30
Dengue Fever	17.30
Congregation	18.30
Florence And the Machine	19.30
Noah And The Whale	20.30
Elbow	21.45
SingStar	22.40
DJ Soulsavers	23.10
SingStar	00.10
DJ The Voguettes	00.40
SingStar	01.30
DJ The Voguettes	02.00

AVALON STAGE

Prison Love	11.30
Nuala And The Alchemy Quartet	12.40
The Family Mahone	13.55
Räfven	15.15
John Tams And Barry Coope	16.30
Justin Adams And Juldeh Camara	18.00
Katie Melua	19.30
Blazin' Fiddles	21.10
The Baghdaddies Big Band	22.50

CABARET MARQUEE

Comperes: Luke Wright, Craig Campbell, Rob Rouse, Carey Marx	
Rhythm Wave	11.00
Aisle 16	11.40
Frank Olivier	12.25
Andi Neate	12.40
Steve Gribben	13.05
Mary Bourke	13.40
Attila The Stockbroker	14.15
Ed Tudor-Pole	14.50
Robin Ince	15.35
Andy Parsons	16.10
TBC	16.45
Nick Doody And Matt Kirshen	17.35
Andrew Lawrence	18.40
Big Beats	19.15
Paul Nathan	19.50
Mitch Benn	20.05
Josie Long	20.40
Frank Olivier	21.15
Four Poofs And A Piano	21.30
Paul Nathan	22.05
Becky Love	22.20
Les Ooh La Las	22.55
Rod Laver	23.05
Les Ooh La Las	23.20
Phil Nichol	23.30

THE DIRTY DOZEN

Twelve steps to Glastonbury Sunday heaven

DENGUE FEVER

THE QUEEN'S HEAD, 5.30PM

Named after a deeply unpleasant mosquito-born tropical disease, Dengue Fever are an LA six-piece that combine psychedelic rock with Cambodian pop. As you do.

THE VERVE

PYRAMID STAGE, 10.15PM

After rancourously splitting in 1999, the Wigan space cadets put aside their differences last year "for the joy of the music." Psych-rock meets pop hits such as Bitter Sweet Symphony for a fitting end to the festival.

EDDY GRANT

JAZZ WORLD STAGE, 6.50PM

Touring for the first time in 20 years, Grant could roll out hits like Electric Avenue and Give Me Hope Jo'anna – an anti-apartheid song later turned yogurt ad ("Give me Yop, me mama").

UNKLE

DANCE EAST STAGE, 10.30PM

James Lavelle's shape-shifting dance collective has influenced British electronica and trip hop for a decade, while collaborations with Badly Drawn Boy and Ian Brown have charmed guitar fans and beatheads alike.

LEONARD COHEN

PYRAMID STAGE, 8PM

The reclusive Canadian songster's tales of love, sex, religion and depression make a welcome return.

THE ZUTONS

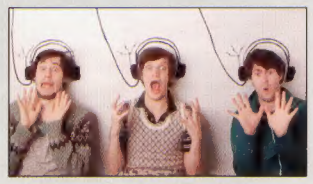
OTHER STAGE, 9PM

Amy Winehouse's cover of Valerie didn't hurt, but The Zutons' energetic live show – driven by Dave McCabe's soulful Scouse storytelling and Abi Harding's powerful sax – makes it a festival singalong in its own right.

SPIRITUALIZED

JOHN PEEL STAGE, 9PM

With stripped-down gospel versions of his back catalogue, frontman Jason Pierce produced one of the highlights of last year's festival. A full band and new album (Songs In A&E) adds some extra sonic muscle.



FRIENDLY FIRES

JOHN PEEL STAGE, 3PM

Hyperactive, Klaxons-esque nu-rave from a St Albans trio who make "lush shoegazing melodies" influenced by dance music, classic pop, Carl Craig, Prince and German techno.

MANU CHAO

JAZZ WORLD STAGE, 10.45PM

Genuine world music. Raised in France by a Spanish family, singer/activist Chao combines several musical styles, from rock and punk to ska, reggae and rockabilly, and sings in many different languages.

MY MORNING JACKET

PARK STAGE, 10.30PM

Jim Jones's Louisville, Kentucky rockers have just released their new album Evil Urges. They also have a reputation for epic live performances: big hair, big guitars and bigger choruses have been blowing away festival audiences for years.

DOES IT OFFEND YOU, YEAH?

DANCE EAST STAGE, 5.30PM

Five-piece Reading electro-rockers DIOYY? have been pigeon-holed with the likes of Daft Punk and Justice. Their live show is so heavy and energetic that it's more worthy of comparison with a full-blown punk gig, including busted guitars and stage-diving mayhem.

JOAN BAEZ

ACOUSTIC STAGE, 10.30PM

The American folk legend and activist comes to Glastonbury 39 years after her performance at Woodstock. Untamed by time, her live show seamlessly blends rock, pop, country and gospel influences.

Q GLASTONBURY 2008

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THIS NEWSPAPER IS A BAUER CONSUMER MEDIA PUBLICATION BROUGHT TO YOU BY THE MAKERS OF Q MAGAZINE. © 2008 **Our heroes in the field: Mooro, tea, Sal's banana cake, wellies. And congratulations to the expectant Pecks!**

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Online registration must be completed at www.nationalexpress.com/glastonbury, by July 11 2008. All prizes must be registered for, and therefore claimed by July 11 2008. The judges' decision is final and no correspondence will be entered into. The prize is non-transferrable and is subject to availability. Details of the winners will be made available upon written request to National Express head office from July 12 2008. By entering this competition, you agree to receive news, competitions and offers from National Express. For further information about National Express' privacy policy please visit **www.nationalexpress.com/privacy**

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